

# Page After School Arts Program (A.S.A.P.)

## Spring 2017 Session

### May 12<sup>th</sup> – June 12<sup>th</sup>

Welcome to the Spring 2017 ASAP Program! The ASAP Program is a PTO-sponsored enrichment program offering a variety of classes taught by teachers and community members for students at the Page School. The next session starts on May 12<sup>th</sup> and will run for 4 weeks. Please send registrations into school no later than May 9<sup>th</sup>.

Classes will fill quickly and registration is on a first come, first serve basis.

Thank you!

*Jamie Sullivan & Andrea Burton*

*Interim ASAP Coordinators and WNPTO Executive Board*

## MONDAYS

**Spring Sewing with Mrs. Morse** (Gr. 4-6) Beginning or continuing students will create a couple of projects. All students will use sewing machines. Students may bring their own or use one of the instructor's. *This class will not meet on May 29<sup>th</sup> (Memorial Day) and last class will be June 12<sup>th</sup>.* Minimum students 3; maximum students 6. **Program meets from 3:00-4:30pm. Program cost: \$90 plus \$30 materials fee. Total cost: \$120.**

## TUESDAYS

**Cross Country Running with Mr. Peterson** (Gr. 3-6) This is a before school program meeting twice a week (Tuesday & Friday) for students interested in more competitive, goal-oriented running. Based on the Couch to 5K program, this program includes the basics of running for fun and to stay in shape. Students will learn stretching, proper nutrition for running and in 4 weeks will be able to run a 5k race setting realistic goals: either a time goal or just to finish the race.

Mr. P. has run many races, from 5Ks to marathons, and is excited to share his knowledge and joy of the sport with a younger generation. This program is to get students up and active before they start their school day as well as to find that "love for running" along with all of the health benefits that come along with it. Students will need to have a good pair of running shoes and a water bottle. Maximum students: 20. **Program time is 7:45 – 8:20am on Tuesdays and Fridays and will meet in the gym lobby. Program cost: \$75**

## TUESDAYS 'cont.

**Kindness Rocks with local artist Heather Karp** (Gr. 3-6) *The Kindness Rocks Project* has reached far & wide all over the world! Megan Murphy, the creator of TKR movement, started dropping a painted rock here & there after she walked the beach and sat quietly painting designs on them. When she returned to her "drop site". She noticed rocks with messages left for her. Thus, *The Kindness Rocks Project* was born...

Be a part of an inspirational movement to spread kindness through creativity. All you need is a rock, some paint and a desire to share your kindness with others. The class will cover rock painting techniques using paint pens and markers, discussion of different art forms that lend themselves to rock painting (mandalas, aboriginal art, etc.) as well as planning our Kindness Rocks location. If time allows, we will also make rocks for your garden, try our hand at painting an owl on a rock and other fun ideas! During the last class we will all go together to place our Kindness Rocks and spread some joy. Minimum 8 students, maximum 10 students.

**Program meets from 3:00-4:00pm. Program cost: \$50**

## WEDNESDAYS

**Page School Running Club with Mrs. Wilson** (Gr. 2-6) Students will learn the importance of fitness and fun while working out. It is important to make fitness fun for kids so it will be a lifelong activity. Students will work on improving physical fitness by running and playing games that involve running. Please make sure students come wearing proper running attire, water and sneakers. Each student will receive a Page School Running Club t-shirt. Minimum 10 students; maximum students 30. **Program meets from 3:00-4:00pm.**

**Program cost: \$55**

## FRIDAYS

**Cross Country Running with Mr. Peterson** (Gr. 3-6) Please see program description under TUESDAY.

**Flag Football with Mr. B. and Mr. P.** (Gr. 4-6) Students will learn the fundamentals of offensive and defensive situations with Mr. Benvenuti and Mr. Peterson. They will spend time warming up each session and the majority of this time during this class will be spent playing football! Please make sure your child wears proper attire to school on Fridays, including sneakers, and has extra water. Maximum 20-24 students. This program will begin on May 12<sup>th</sup> and run on May 12, 19 and June 2, 9<sup>th</sup>. **Program meets from 3:00-4:00pm.**

**Program cost: \$70.**

Spring 2017 ASAP REGISTRATION FORM

Please print and complete a **separate form** for **EACH** class. It is okay to submit **ONE** check per family payable to West Newbury PTO and labeled with student and class name. Please return registration forms and checks to school in an envelope marked ASAP. Teachers will collect them.

Student's Name \_\_\_\_\_ Teacher \_\_\_\_\_ Bus # \_\_\_\_\_  
ASAP Class \_\_\_\_\_ Day of Week \_\_\_\_\_  
Class Fee \$ \_\_\_\_\_ payable to **West Newbury PTO** Paid with check # \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Best Phone \_\_\_\_\_

Alternate Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_

LOCAL EMERGENCY CONTACT (Someone who has permission to transport your child if you can't be reached)

Name \_\_\_\_\_  
Best Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

My child is currently enrolled in the Page School Before and After School Program and will be dismissed to that program after the ASAP class: Yes \_\_\_\_\_ No \_\_\_\_\_

\_\_\_\_\_ Please send confirmation of my child's class to the following email address:  
\_\_\_\_\_

MEDICAL DISCLOSURE: CHECK ONE

\_\_\_\_\_ My child has no medical concerns  
\_\_\_\_\_ My child has a medical concern - please describe and list appropriate treatment below  
(e.g. peanut allergy or asthma requiring an EpiPen or inhaler which can be found in his/her backpack)

You will be contacted by the program coordinator if there are any questions.

PLEASE INITIAL:

\_\_\_\_\_ DISMISSAL POLICY: I have read the ASAP Dismissal Policy, noted my child's class dismissal time, and will be on time to pick up my child.

\_\_\_\_\_ CODE OF CONDUCT: My child and I have read and understood the Classroom Behavior Guidelines.

LIABILITY WAIVER: In consideration of this enrollment being accepted, I hereby, for myself, my heirs, executors and administrators, waive any and all rights and claims for damages or liability I may have against the West Newbury PTO, the Dr. John C. Page School, the Town of West Newbury, and any or all of the instructors and organizers of this program, while my child is enrolled in the After School Arts Program.  
Parent/Guardian

Signature \_\_\_\_\_ Date \_\_\_\_\_

*Please remember to send a note for your child to be dismissed to ASAP each day class meets.*

## Registration Policy

All registrations must be completed on a Page ASAP Registration Form and returned to school. Fill out one registration form for each class your child is taking. Enclose a separate check labeled with your child's name and class and make it payable to the West Newbury PTO. Please return checks and registration forms to school in an envelope marked ASAP. Only registrations with completed forms and full payments will be accepted. Cash or checks made payable to WNPTO will be accepted. If there are more children signed up for a particular class than there are spaces available, the enrollment will be randomly selected after the registration deadline. If a class does not reach minimum enrollment, or if the class has reached capacity you will be notified by telephone and refunds will be made. If you do not hear from us by phone before the class starts, you should presume your child is all set.

## Scholarships

We want every child that wishes to take an ASAP class to be able to! If cost is prohibitive, full or partial scholarships are available from the Page School PTO. Please contact Mr. Dustin Gray through the Page School office (978.363.2671) to request scholarship assistance.

## Dismissal from School to ASAP

Please send a note to your child's teacher **each week** on the day of the class for dismissal to ASAP. Students will get dismissed and report to the appropriate location beginning the first week of classes and will be told where to meet the instructor on subsequent weeks.

## Snacks

Be sure your child brings a **NUT-FREE** snack and drink to class each week.

## Classroom Behavior Guidelines

Students should be respectful and cooperative with classmates and instructors. Parents will be notified of inappropriate behavior. If there is a second report, the child may not be able to participate.

## Medical Concerns

Please inform the instructors or directors of the program of any medical concerns regarding your child. Should your child be diagnosed with a life threatening allergy, please make sure that your child has an EpiPen with him or her always and the instructor knows where to access it. ASAP instructors and/or directors are trained in the use of EpiPen if an allergic reaction occurs. There is a site coordinator present during every session to coordinate the emergency response protocol should there be a medical emergency.

## ASAP Dismissal Policy

Students **must** be picked up promptly at the conclusion of the ASAP class. At dismissal time, please use the main entrance. The instructor will lead students to the main entrance at the end of class; the parent or designated guardian should be waiting there for pick up. At this point, the parent or designated guardian is responsible for the child, so it is essential for the children's safety that the parent/guardian is on time.

## Cancellations

If the Page School is closed there will be no ASAP classes. Make-up classes will be held at the Instructor's discretion. On days where weather is inclement or threatening, please contact the Page School office after 1:30pm for potential cancellation information.

## Absences

Please assist us by calling the office, or sending in a note if you know your child will not attend class. If a student has been in school but not present at the ASAP class, an effort will be made to contact the parents to determine the students whereabouts. This will help us be certain of your child's safety.

Questions? Comments? Please email: [pageasap@gmail.com](mailto:pageasap@gmail.com) or [wnptoexecboard@wnpto.org](mailto:wnptoexecboard@wnpto.org). Thanks! ☺